



LUIS A. ESCOBAR, M.D.

BISCAYNE PLAZA SURGERY CENTER

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Pre-Procedure Instructions

- **No Aspirin or Plavix** for 7 days (or any medications containing Aspirin) If needed, Tylenol is okay to take in place of Aspirin
- **No Coumadin or any other blood thinners** for 5 days
- **No Anti-Inflammatories (Ibuprofen, Aleve, Naprosyn/Naproxen, Motrin, Advil, etc..)** for 5 days this also includes **Voltaren 5% Topical Gel**.
- **No supplement of Vitamin E or Lovaza** for 7 days (including multivitamin & Fish Oil)
- Nothing to eat or drink after midnight the night before procedure, EXCEPT if you take blood pressure, diabetic, or heart medication, take it with a sip of water.
- **NO ANTIBIOTICS** if any infections **PLEASE NOTIFY THE OFFICE IMMEDIATELY!!**
- Any dental or other procedures please contact office to confirm there is no contraindication for this scheduled procedure.
- If you are not sure if you can take a certain medications, please call the office to ask if you are okay to take them prior to procedure.
- NO lotions or creams around the area on the day of the procedure.
- Please wear loose fitting clothes (elastic waisted pants, sweats, ect...)
- Please notify the office if you become sick or have any injuries prior to procedure.
- **Please arrive 1 HOUR before your procedure.**
- Transportation is needed otherwise your appointment will be CANCELLED.

**The above instructions have been read to me, a copy given to me and I understand them
as explained**

APPOINTMENT DATE AND TIME _____ at _____ AM / PM

Patient Name Printed

Patient Signature

Today's Date