



LUIS A. ESCOBAR, M.D.

Memorial Same Day Surgery Center

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Pre-Procedure Instructions

- **No Aspirin or Plavix** for 7 days (or any medications containing Aspirin)
If needed, **Tylenol** is okay to take in place of Aspirin
- **No Coumadin** or any other blood thinners for 5 days
- **No Anti-Inflammatories** (Ibuprofen, Aleve, Naprosyn/Naproxen, Motrin, Advil, etc..) for 5 days
this also includes Voltaren 5% Topical Gel.
- No supplement of **Vitamin E** or **Lovaza** for 7 days (including **multivitamin & Fish Oil**)
- **Nothing to eat or drink after midnight** the night before procedure, **EXCEPT** if you take **blood pressure, diabetic, or heart medication**, take it with a **sip** of water.
- **NO ANTIBIOTICS** if any infections **PLEASE NOTIFY THE OFFICE IMMEDIATELY!!**
- Any dental or other procedures please contact office to confirm there is no contraindication for this scheduled procedure.
- If you are not sure if you can take a certain medications, please call the office to ask if you are ok to take them prior to procedure.
- **NO lotions or creams** around the area on the day of the procedure.
- Please wear loose fitting clothes (elastic waisted pants, sweats, ect...)
- Please notify the office if you become sick or have any injuries prior to procedure.
- Please arrive **1 HOUR before** your procedure.

The above instructions have been read to me, a copy given to me and I understand them as explained

Patient Name Printed

Patient Signature

Today's Date

APPOINTMENT DATE AND TIME _____ at _____ AM / PM